

# LOCAL LINKS

[www.locallinksmedia.co.uk](http://www.locallinksmedia.co.uk)

[www.facebook.com/locallinksmagazine](http://www.facebook.com/locallinksmagazine)

ISSUE 123

FREE

## FAMILY TREE

Getting to know it better

## FESTIVE FASHIONS

Trends this season

WIN a **£200** VOUCHER  
from **Fireplace Gallery**

Check out our

## What's On Guide

full of local and community events

Your independent, free local magazine

Delivered free to Alrewas, Barton under Needwood, Fradley, Rangemore, Tatenhill & Yoxall

T.C.HARRISON FORD BURTON

# WE NOW SELL USED VANS!



Find out more at: [tch.co.uk](http://tch.co.uk)



**T.C. Harrison Ford**  
"There's no comparison"

**0333 240 7177**  
Horninlow Street, Burton on Trent, DE14 1NR

For more information  
visit [tch.co.uk](http://tch.co.uk)



## 0% APR REPRESENTATIVE\*

# FINANCE NOW AVAILABLE ON NEW FORD RANGERS

Find out more at: [tch.co.uk](http://tch.co.uk)



**T.C. Harrison Ford**  
"There's no comparison"

**0333 240 7177**  
Horninlow Street, Burton on Trent, DE14 1NR

For more information  
visit [tch.co.uk](http://tch.co.uk)



Vehicles must be contracted by 31st December 2018 and registered before 30th June 2019. Prices apply to stock vehicles only. Subject to availability. For full terms and conditions please contact your local T.C. Harrison dealership. Images are for illustration purposes only. Official fuel consumption figures for the vehicles listed in the advert can be obtained in writing from your local T.C. Harrison dealership. T.C. Harrison Group Limited, Millford House, Mill Street, Bakewell, Derbyshire, DE45 1HH acts as a credit broker in relation to financial products and not a lender. We work with a number of carefully selected credit providers who may be able to offer you finance for your purchase. We are only able to offer finance products from these providers who may reward us for introducing you to them. T.C. Harrison Group Limited is authorised and regulated by the Financial Conduct Authority. FCA Reg. No. 312522

# LOCAL LINKS



Dear Readers,

*Only a few more sleeps! We've been super good all year so we're pretty confident that we'll get a visit in the wee hours of Christmas morning. EEEEEEEEE!*

*This, our most festive issue, is crammed with fabulous christmasness. We're so excited we're probably making words up at this point!*

*Stuck for something to wear over the holidays? We've got you sorted! Fancy a traditional Christmas event to get you in the spirit? Have a peep at our Christmas feature. Bored of charades? We've got some alternatives that are bound to get you giggling if the sherry didn't already get you there!*

*So to you, and all our lovely friends old and new, we send the warmest and happiest wishes to take with you into the new year. May all your dreams come true.*

Much festive love,

The **LOCAL LINKS** team

... now where are those mince pies?

## ISSUE 123

### SALES

Heather Digby  
Sarah Deakin

### DESIGN

Liona Baldwin

### ACCOUNTS

Jan Evans

**01283 564608**

local@locallinksmedia.co.uk

Local Links Media,  
Suite 29,  
Anglesey Business Park,  
Anglesey Road,  
Burton-on-Trent,  
DE14 3NT

www.locallinksmedia.co.uk

facebook.com/  
locallinksmagazine



### CONTRIBUTORS

Including:  
Angela Sargent, Rebecca  
Tucker, Perry Deakin,  
Fireplace Gallery

**niche**  
architecture

- Extensions
- Conversions
- Commercial Buildings
- New Builds
- Self Builds
- Planning Applications
- Building Regulations

Call us on **01283 499451**  
[www.nichearchitecture.co.uk](http://www.nichearchitecture.co.uk)  
[enquiries@nichearchitecture.co.uk](mailto:enquiries@nichearchitecture.co.uk)

### Next issue deadline:

Fri 21st December

### Next issue out from:

Wed 16th January

This magazine  
delivered free to:

Arewas, Rangemore,  
Barton, Tatenhill &  
Fradley, Yoxall

We also deliver a  
magazine free to:

Branston,  
Brizlincote Valley, Stretton &  
Rolleston, Walton on Trent

**DISCLAIMER** - The accuracy or content of any advertisement is not warranted by Local Links Media, nor do Local Links Media endorse or guarantee any of the products or services advertised, except any advertisement expressly relating to our services. We are not to be held responsible for any inaccuracies in the adverts nor to any consequences arising from inaccuracies. We are not to be held responsible for error in printing, damage or loss. It is the advertisers responsibility to ensure conformity with the Trades Descriptions Act 1975; Business Advertisements Disclosure 1977; Sex Discrimination Act 1975; and consumer Credit Act 1974. All artwork created by Local Links Media remains the property of Local Links Media and therefore must not be used in any other media without permission, as this is a breach of copyright laws.



**STAGE COACH**

**30**

YEARS OF INTERNATIONAL EXPERIENCE

*in Performing Arts*

**Unlock your child's potential**

With our expertly led singing, dancing and acting classes for 4-18 year olds...

Find out more today:

- stagecoach.co.uk/burtonupontrent
- burtonupontrent@stagecoach.co.uk
- 07956139721

ASK ABOUT OUR TWO WEEK TRIAL

STAGE COACH

Children Change the World

**Meadowview**  
GARDEN SERVICES

- ✓ Hedge trimming and shaping
  - ✓ Hedge removal
- ✓ Grass mowing /edging
- ✓ Garden clearance
- ✓ Ground maintenance
- ✓ Full waste carriers license
  - ✓ Planting
  - ✓ Woodchip
- ✓ Logs for sale
- ✓ Fully insured

M: 07835 218 041 T: 01283 763572

f E: gt.meadowview@gmail.com

W: www.meadowviewgardenservices.co.uk

# Dry Carpet Cleaning

**Picture this... in your home**

## Nice Fresh Clean Upholstery on Leather • Suede • Fabric

**Locally based**  
You can call us for FREE on  
**0800 180 49 30**  
zerodrytime.com

**zero dry time**<sup>TM</sup>

Dry Carpet, Upholstery & Hard Floor Cleaners

- Removes spills & spots
- Sanitize & deodorise
- Deep cleans & lifts carpet pile

**Get Main Room Cleaned**  
save **50%**  
on all further rooms  
+ Free Stain Protection

We also clean hard floors, tiles inc. Grout, Karndean, Amtico and Wooden floors - Ask for a quote

# ART CLASS STARTS SOON

CALL NOW  
FOR INFORMATION

**ABSOLUTE BEGINNERS TO IMPROVERS WILL LOVE THIS COURSE!**

**GREAT NEWS** if you're looking for something fun to do over the next few months! We are now taking enquiries for a **NEW 14 week part-time Art Class** (once a week for three hours), which starts soon in your area.

## **Absolute Beginners to Improvers - Just Like You!**

The course is designed to be fun for absolute beginners who have never picked up a brush before, through to improvers.

## **Step-by-Step Guidance**

We adapt to each student's needs and give them all the guidance and help they need to develop their artistic skills. The curriculum is fun, comprehensive and interesting. Over the course we will explore four different media; pencil drawing & sketching, oil pastel painting and techniques, painting and blending with water colours and acrylics. Step-by-step tuition in the basic techniques and secrets needed to create beautiful pieces of art.



## **Still Life To Landscapes**

By the end of the course, students have created a minimum of 12 pieces of their very own original art they can enjoy forever, from simple still life and flower studies to beautiful countryside landscape scenes.

## **Fun, Easy Classes**

Learn to draw faces, friends, family, pets in the first few weeks. We make it fun and easy for you.

## **Young at Heart**

Learn new skills you will enjoy

forever, meet new friends and to have a fun experience you will always remember! It's open to adults of all ages and runs over 3 months – plenty of time to master your new hobby.

## **Limited Places**

To maintain our high standards of tuition, classes are restricted to small numbers – so places are limited!

For information on dates, course fees and bookings, call now on

**01283 562 527**

- **Absolute Beginners to Improvers - Just Like You**

- **Three hours once a week, mornings or afternoons**

- **Meet New Friends, Learn New Skills**

## **YOUR NEW ART CLASS**

### **Bring out your inner artist**

## **Riverside Hotel, Burton on Trent**

### **Limited Spaces - Call now for details**

# **01283 562 527**

the  
**Seasons  
Art Class**

## Trust the domestic cleaning experts at MOLLY MAID

That's what tens of thousands of people around the world do!

- Uniformed and professionally trained staff
- 100% guaranteed and fully insured
- Regular or occasional cleans
- Free in-home estimate
- All materials supplied
- No contracts

More affordable than you think!



01283 351770

gill-dawson@mollymaid.co.uk

www.mollymaid.co.uk/burton-upon-trent



## BLAKENHALL PARK

High Quality modern Offices, Storage and Containers in beautiful rural settings

### Fed up with the city? GO GREEN!

- Enjoy Barn Converted offices with original features
- Benefit from ample parking for your staff and visitors
- Secure site with CCTV • Comfort heating/air conditioning
- Flexible container/storage options



www.blakenhallpark.co.uk

Blakenhall Park, Barton under Needwood, Burton on Trent, DE13 8AJ.  
Tel: 01283 713 901 Email: info@blakenhallpark.co.uk

## THE ALPHABET

GIFT SHOP & COFFEE BAR



*Fabulous Personalised Gifts & CoSy Coffee Shops*

44 Station Rd, Mickleover DE3 9GH T 01332 513033 [www.thealphabetgiftshop.co.uk](http://www.thealphabetgiftshop.co.uk)

OPEN Monday - Saturday 9 - 5.30, Sunday 10-3pm

9-10 Union Street, Burton-on-Trent DE14 1AA T 01283 749933

OPEN Monday - Saturday 9 - 5.30pm, Sunday 10 - 4pm



# Festive Fashions

We love a good party but hate that usual feeling 'I've got nothing to wear'. We would certainly suggest you don't give up and go to fancy shindigs in the nude... having said that, we don't know what kind of parties your friends throw! Here's our trend tips from the catwalk that are big this winter season.



## Animal Prints & Silk

These playful patterns were huge at both Dolce & Gabbana and Max Mara shows. Double up on your trend know-how by buying something in silk the fashionable fabric this season featuring on Moschino and Céline catwalks.  
**£26.25\* - boohoo.com**



## Silver

Channel that festive Christmas sparkle with a metallic finish silver dress, they were seen at Armani & Dior.  
**£25.00\* - Missguided at Next.co.uk**

## Loafers

For stylish feet, this season loafers are the must have shoe for guys according to Burberry.  
**£65.00\* - Clarks.co.uk**



## Brown Again! ...and Check!

Yes chaps, the brown trend applies to you too! Brown suits were the thing to see on the Fendi catwalk. If you're feeling brave, the check and tartan trend making it big at Versace.  
**£157.00\* - asos.com**

## Leather

Leather is big news for both men and women this season. Dresses made an appearance at Stella McCartney and Givenchy and smart men's jackets popped up at Fendi and Paul Smith.

**Dress - £150.00\* - armaniexchange.com**  
**Men's Jacket - £380.00\* - houseoffraser.co.uk**



## Pleats & Bronze

Anything pleated is on trend this winter so why not don a pleated party frock? Pleats were seen both at Balenciaga & Valentino. If like us you're wondering what colours are big news, browns, rusts and ochres are the ones to go for.

**£79.00\* - Phase Eight at Houseoffraser.co.uk**



\*prices correct at time of going to print.

# HOME of FLOORS

**BURTON'S WOOD, LAMINATE & KARNDEAN FLOORING SHOWROOM**

## HOME of FLOORS

With over 300 Laminates and 100 Real Wood designs on display

Karndean	✓	Quick-Step
Balterio	✓	COREtec
Villeroy & Boch	✓	Aqua Step
V4 Wood Flooring	✓	Vinyl Click
Underfloor Heating	✓	Installation Service

**Call 01283 544 486**

Unit 2, Burton Enterprise Park, Hawkins Lane DE14 1QG  
(next to Herron Windows, opposite Speedy Hire)

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP

QUICK STEP



[www.homeoffloors.co.uk](http://www.homeoffloors.co.uk)



**FREE UNDERLAY WITH ANY FLOORING PURCHASE OVER 10m<sup>2</sup> WITH THIS ADVERT**  
\*Terms & Conditions Apply

## CW Tree Services



Burton Tree Surgeons, Specialists in Tree Care and Maintenance with over 25 year's experience

Fully qualified to NPTC standard and fully insured for peace of mind

Hedge cutting & maintenance work

Ecology & Recycling - as well as taking trees down, we strive to recycle as much of the tree as possible

Thinning, shaping and pruning - we can deal with all your garden maintenance

Stump grinding service also available

We undertake Local Authority, Private Business and Commercial contracts and also provide services for the general public

Tree surveys & mortgage reports undertaken



Call us today on:

**01283 711 702 / 07774 917 385**

Email: [cwtreeservices@gmail.com](mailto:cwtreeservices@gmail.com)

[www.cwtreeservices.co.uk](http://www.cwtreeservices.co.uk)



## BEAUTIFUL DENTURES

*Look Young & Feel Great!*



- 1 hour repair service
- New dentures made with the latest looking teeth
- The latest techniques to get the best possible fit including comfort soft linings
- Cosmetic dentures from the smallest fitting to the widest
- Sports guards now available

**Kinddent** Denture Care

Jamie Wright CDT RCS (Eng)

Richard Hazzledine RDT CDT RCS (Eng)

Call for a FREE consultation, home visits available.

**01283 546161**

[www.beautifuldentures.co.uk](http://www.beautifuldentures.co.uk)

[enquiries@bdentures.co.uk](mailto:enquiries@bdentures.co.uk)

George Street, Burton-on-Trent DE14 1DP





# It's a Wonderful Wine

Are you stuck in a wine rut? Always opting for the same trusty favourite? Christmas is an ideal time to try new wines. Whether you're cooking ham, turkey, or goose then you're in luck we've done the searching for you!

## Ham

Baked, smoked, or honeyed hams beg for wines with a dash of sweet. German Rieslings are a white wine that have a hint of fruit sugar which is balanced by the slightly lower alcohol level and slight acidity. This sweet/sharp element goes great with ham. If white wine is not your thing, go for a lighter style red such as a Beaujolais, Pinot Noir or a Spanish Tempranillo.

## Turkey

Herb-filled stuffing, roasted veggies, rich sauces, and an assortment of savoury sides tend to be served with this meat so don't forget to factor in these flavours when deciding on a wine. Sauvignon Blanc is hands-down one of the top white wine picks for turkey and savoury sides, as it tends to bring its own herbal tones to the table. Turkey also goes well with Zinfandel or Shiraz.

## Goose

This bird tends to be fatty and has a slight gamey flavour. French wines have a long historical partnership with a variety of Goose dishes. Go for a Burgundy or Bordeaux. If you're serving the duck with a fruit-based sauce then perhaps

go for a white wine instead. Gewurztraminer, Riesling, and Sauternes will go really well.

Let's not forget pudding...

## Traditional Fayre

Christmas Pudding and Mince Pies are delicious with the similarly flavoured aged Tawny Ports and rich Madeiras; both wines go very well with rich chocolate desserts too. With a traditional sherry trifle serve a sweet Sherry such as Oloroso.



## Has Your Double Glazing Steamed Up?

All Glazing Backed By Our

# 25 YEAR GUARANTEE

Priority Freephone

# 0800 61 21 118

**cloudy 2 CLEAR**  
WINDOWS  
REPLACING YOUR FAILED DOUBLE GLAZING

**Which?**  
Trusted trader

[www.cloudy2clear.com](http://www.cloudy2clear.com)

# BIN IT SKIPS



All Sizes

All Areas

Great Prices

# 01283 716615

# WWW.BINITSKIPS.CO.UK



SMITH  
PARTNERSHIP  
SOLICITORS

# SUFFERED AN INJURY THAT WASN'T YOUR FAULT?

## OUR EXPERTS



David Clark



Simon Rowley



Anna Mcleod



Please quote CoMag19 when contacting us.

Working with Smith Partnership is as *simple as* **0330 123 1229**

OFFICES IN:  
Derby, Burton, Leicester, Stoke & Swadlincote  
[www.smithpartnership.co.uk](http://www.smithpartnership.co.uk)

@smithpartnership @smithpship



# By The Barn *by Angela Sargent*



Well, if this month carries on the same as previously our cattle will still be outside as the ground is so dry! This will save us using straw for bedding, as we didn't make enough during the drought, but offsetting that will be extra silage being fed to keep them in condition.

The ridge and furrow pasture land, having carried livestock for hundreds of years, looks thirsty but has provided many field mushrooms this Autumn.

It's also the pagan winter solstice (Yule), one of the oldest winter celebrations in the world, held on the shortest day and longest night. It marks the first day of winter and the Oak trees and Mistletoe that grew on them, were considered sacred. Burning a Yule log to banish spirits and bring good luck for the coming year.

Merry Christmas! You can follow Angela on Twitter @bythebarn.



Silver Charms  
Paint a pot  
Foam Clay  
Baby hand & foot prints  
Parties

**THE MUG TUG** Booking essential  
For all children aged from 0 to 100 years!  
Family fun for all Generations to enjoy together.

Barton Marina, Mercia Marina  
Barton under Needwood, Willington  
Tel: 01283 711341 Tel: 01283 617567



**Barn Store is an independent self-storage business**

We rent private storage units from 40 sq. ft through to 320 sq. feet for **COMMERCIAL** or **DOMESTIC USE**

**WHY STORE WITH US?**

- FAMILY RUN BUSINESS - we live on the site
- RURAL LOCATION
- EASY ACCESS - no traffic congestion
- ALL ON ONE LEVEL - no lifts
- CLEAN, DRY, INSIDE STORAGE
- 24/7 ACCESS
- VERY COMPETITIVE RATES

**YOU HAVE**

- EXCLUSIVE USE OF YOUR OWN SPACE
- THE ONLY KEYS
- NO NEED FOR LADDERS
- UNDERCOVER LOADING BAY
- SECURE, SAFE STORAGE

**OUR FACILITIES**

- ELECTRONIC FOB DOOR ENTRY
- CCTV
- FULLY ALARMED
- FREE USE OF TROLLEYS
- PACKAGING
- SPECIALIST UNITS - store paintings, books, etc





**Tel: 01283 711 564 Mob: 07815 741 729**  
[www.barn-store.co.uk](http://www.barn-store.co.uk)

Sherholt Lodge,  
Dunstall,  
Burton on Trent  
DE13 8BN

**FLITCHWOOD**



**All Aspects of Tree Surgery:**

- Thinning
- Reshaping
- Crown Lifting
- Dead Wooding
- Hedge Cutting
- Health Inspections



City & Guilds  
NPTC

Fully insured, professional, friendly, competitive and qualified.

Call Chris for a Free Quote

**01283 821681**  
**07834 805707**

email: [flitchwoodtrees@gmail.com](mailto:flitchwoodtrees@gmail.com)  
[www.flitchwoodtreeservices.co.uk](http://www.flitchwoodtreeservices.co.uk)

**Dirty Oven?**

**Karen's** £5 Off Promotion\*

**Ovengleam**

Ovens, Hobs, Agas, Microwave Ovens, Range Cookers, Cooker Hood Extractors, etc.

Biodegradable, fume free, non corrosive.

**Spectacular Results!**

Find us on Facebook  
[www.facebook.com/karensovengleam](http://www.facebook.com/karensovengleam)

**01283 500065**

[www.karensovengleam.com](http://www.karensovengleam.com)  
Your Local Oven Cleaning Specialist

\*Terms and Conditions apply. See [www.karensovengleam.com](http://www.karensovengleam.com)



## JNJ Construction Midlands Ltd

Building & Joinery Contractors  
 Extentions & Alterations  
 Kitchens, Bathrooms, Tiling & Natural Stone  
 Windows, Doors and Conservatories  
 Drives, Patios and Fencing  
 Plumbing, Heating & Electrical  
 Property Maintenance



3 The Square, Mosley Mews, Rolleston on Dove  
**01283 845183 07946 497199**  
[www.jnjconstructionco.co.uk](http://www.jnjconstructionco.co.uk)

# Armchair Antics

We've all been there, eaten so much Christmas dinner, mince pies and even squeezed in that wafer thin after dinner mint that it's painful to move. Don't let that stand in the way of your festivities, here are some low-impact, minimal movement games that you can play after your over indulgence this year!

## STICKIT TO 'EM

A sneaky game that you can play over the course of an entire evening. Everyone has some stickers (a different shape or colour per person) and the challenge is to stick them on people without them noticing. Get stealthy and use up all of your stickers to be the first to win.

## ALPHABET STORY

Make up a story with each word beginning with each letter of the alphabet (in the right order) e.g. 'Anne Brown Came Down Every Friday...etc' You can either make a story each and share them, or each player adds the next word!

## SAUSAGES

One person is the questioner. They ask each person in turn a question. Whatever the question the answer must always be 'SAUSAGES'. The aim of the questioner is to get everyone out by making them laugh. The last person in becomes the next questioner.



## ADVERBS

Whenever anyone leaves the room to grab a drink or another mince pie, everyone in the room decides on a word to describe their behaviour, for example 'angrily', 'sleepily', 'funnily'. Everyone in the room whenever they speak or do something must behave this way. Keep playing until the person who left the room guesses what you're all doing.

If you find yourself sat around a table, why not give some games a go. Some of our favourites are:



## EXPLODING KITTENS: £19.99

An easy card game of tactics and revenge. Be the last person standing by avoiding the exploding kittens. Your loving family will show their true colours and rampant mean streaks with so much hilarity!

## CARDS AGAINST HUMANITY: £25.00

A game only to be played by those of dubious character. Wrong humour at its most hilarious. Certainly not to be played by anyone under 18 or those of a sensitive demeanor!



## PIE FACE: £15.99

Take turns risking the peril of getting a face full of whipped cream or shaving foam!

After you've rested off that dinner, why not laugh and boogie away those pie calories by playing...

## THE TISSUE BOX BOP

This hilarious party game takes some prep work but it is worth it. For each participant you'll need:

- an empty rectangle tissue box
- about 10 ping pong balls
- string or ribbon

Thread the string or ribbon through each box so that you will be able to tie it around the waist of the players. Next fill each box with the ping pong balls and you're ready.

here comes the fun part... Tie the tissue box belts around each players waist, making sure the tissue box is in the back. Put on some music and let the players shake their booties to the music. Touching the box with your hands or help from others is not allowed. The object of the game is to be the first to bop all your balls out.

**A BROKEN BOILER DOESN'T NEED TO  
TURN YOUR WORLD UPSIDE DOWN!**

**NEED A PLUMBER?  
WE DO THAT TOO!  
01283 713592**



Accredited Installer  
Bosch Group  
**WORCESTER**

**safe**  
gas  
REGISTER

\*excludes diagnostic work

- Heating repairs
- Replacement radiators etc.
- Leaking pipes repaired
- Controls replaced
- New taps & general plumbing repairs
- Free quotations & no call out charge\*
- Gas safety inspections & certificates
- and much more!

T: 01283 713592  
W: WWW.BCOSYHEATING.CO.UK  
E: SERVICE@BCOSYHEATING.CO.UK

**Which?**  
Trusted trader

**10 MONTHS**  
INTEREST-FREE FINANCE  
ON NEW WORCESTER BOILERS

**You can rely on  
a Worcester...**  
The only gas boiler manufacturer to be awarded  
**Which? Best Buy** for six years running!  
...and you can rely on  
**Bosy Heating** to install them.



# Christingles



Christingles are hand held decorations that are lit during a Christingle service. These decorations are made from an orange wrapped with red ribbon, dried fruit & sweets with a candle on top. The orange represents the world, the ribbon represents God's love wrapped around the world, the fruit and sweets represent God's creations and the seasons and the lit candle symbolises Jesus, the light of

the world who brings hope to those living in darkness.

Christingle raises vital funds to help children who are facing Christmas alone and are unable to cope and is coordinated by The Children's Society ([www.childrenssociety.org.uk](http://www.childrenssociety.org.uk)).

Christingles are usually held from the start of Advent to Candlemas, with Christmas Eve a particularly popular time for services.

Because Christingle was specifically created with children in mind, the celebrations are the perfect event for children and families

and can be enjoyed by people of all ages – especially if they don't regularly attend church.

## Christingles coming up!

**16<sup>th</sup> December:** Starts 3.00pm at St Helen's Church - Ashby

**16<sup>th</sup> December:** At 10.00am in Wystan Church - Bretby

**22<sup>nd</sup> December:** Starts 4.00pm at St. Stephen's Church - Fradley

**24<sup>th</sup> December:** Starts 4.00pm at Emmanuel, Church Street - Swadlincote

**24<sup>th</sup> December:** Begins 6:00pm at St John's Church - Donisthorpe



*at the cedars*



Specialising in luxury gifts and home accessories which are  
"a little bit different but a lot more special"

Spend over £100 and receive this 'at the cedars' candle valued at £25



**10% Discount**  
on all other purchases

One offer per person.  
Offers end  
22<sup>nd</sup> December 2018

OR

Spend over £100 and receive this 'at the cedars' candle valued at £25



**10% Discount**  
on all other purchases

One offer per person.  
Offers end  
22<sup>nd</sup> December 2018

*at the cedars wish all our customers  
a very Merry Christmas  
and a prosperous New Year.*






Open 6pm—8pm  
Thursday 6<sup>th</sup> and 20<sup>th</sup> December

E-mail us at [local@locallinksmedia.co.uk](mailto:local@locallinksmedia.co.uk) or call us on **01283 564608**

**15**

# Pool House Equine Clinic



Our seventeen equine vets are all passionate about providing a wide range of top quality care for your horses and ponies. We offer a unique range of expertise which, coupled with our modern equipment, enables us to provide bespoke treatment for your horse.

**All Routine Work**

**Standing MRI Scanner**

**Colic Surgery**

**Lameness Clinics**

**Fertility Work**

**Headshaking Treatment**

**Advanced Dentistry**

**Performance Investigation**

**\*\*\*New purpose built clinic now open\*\*\***

**[www.poolhousevets.co.uk](http://www.poolhousevets.co.uk)**

Follow us on Facebook - Pool House Equine Clinic

**01283 799700**

Crown Inn Farm, Fradley, Lichfield, WS13 8RD



# Family Tree

**A**t this time of year when we get together with family, learning more about your family history can be a fun way to spend some time. Many people admit that they don't know as much of their family history as they wish they did. There are some important reasons why you might need to know this information too!

## UNDERSTANDING YOUR FAMILY'S MEDICAL HISTORY

Learning about your family history is important to know what diseases family members may have had during their lives. How often have we been to the doctors or had to complete a form that asks about family medical history? Knowing medical histories can help future generations to be on the lookout for signs and symptoms, which may lead to earlier detection and higher chances for successful treatment. You can also study the genetic makeup of your

family members, which can be a tool to determine what risk factors you may have in your future.

## BUILDING STRONG BONDS

If you have grandparents or even great-grandparents who are still alive, one of the best ways to learn more about them is to simply talk to them. Ask questions and write down the answers so you can share them with future generations. These questions may include things about how your grandparents met, personal stories from their own childhoods that are meaningful, and important lessons they have learned in their lives. When you talk to members of the older generations, you will be able to strengthen familial bonds while taking an interest and learning more about their lives.

## COMPLETING PROBATE

In the unfortunate event of a death in the family, having

good knowledge of family members and extended family members is important. You will be expected to know about full blood Aunts & Uncles, half-blood relatives and even children of those half-blood relatives.

Wills may mention relatives that have since died, pregnant wives, married daughters, grandchildren, you may be surprised who pops up in a will. Having an idea of the current state of the family tree can be invaluable to help you determine how the will gets distributed correctly and fairly.

## RESIDENCY & LEGAL RIGHTS

Some citizenship rights can be afforded to people with a citizen ancestor. For those lucky enough to have ancestors from a wide number of countries, getting a second passport can be as easy as filling out some forms and waiting. A number of countries offer what's called "citizenship by descent", a process which allows you to apply for citizenship based on having family born in that country.

Some countries are willing to bestow citizenship to those with family trees that go as far as three or even four generations back, depending on the circumstances.





# The George & Dragon



Our great local pub is famous for:  
 Food 7 days a week  
 Stunning new Beer Garden  
 Cosy Snugs  
 Local Cask Ale



Join us throughout December  
**2 courses - £13.99**  
**3 courses - £15.99**  
 (excluding 25th December)



[f georgeanddragonalrewas](https://www.facebook.com/georgeanddragonalrewas)  
[www.georgedragonalrewasburtonupontrent.co.uk](http://www.georgedragonalrewasburtonupontrent.co.uk)  
 120 Main Street - Alrewas - DE13 7AE Tel: 01283 790849

## M C B Electrical

OVER 25 YEARS EXPERIENCE



- Rewires, New Builds, Extensions
- Consumer Unit Upgrades
- Showers, Cookers, Heating
- Sockets & Telephone points
- Internal / External lighting
- Testing & Inspecting
- Fully Insured & Compliant to IEE Regs



Free, Friendly, No Obligation Quote

**Tel: 01283 532074**

Mob: 07890 003 979

Email: [m.c.b.electrical@btinternet.com](mailto:m.c.b.electrical@btinternet.com)

Web: [www.electriciansinburtonupontrent.co.uk](http://www.electriciansinburtonupontrent.co.uk)

5 Nicklaus Close, Branston, Burton on Trent, Staffordshire DE14 3HP

## Simon Richardson

Legal Services Limited



Former partner and head of private client services at Smith Partnership with over 30 years' experience in all areas of the law , latterly specialising in:-

- Advice on protecting your home against care home fees
- Asset protection from tax
- Wills
- Lasting Powers of Attorney
- Administration of deceased estates including contested estates
- Property matters including disputes

Telephone: 07495 491328 or

E-mail: [richsdr@aol.com](mailto:richsdr@aol.com)

Consultations available at your home for no extra charge

# Our Saviour

With all the people coming and going throughout the holidays, your home can sometimes feel like it has a revolving door! All the drop-ins can make you panic... what on earth do you feed all these people? You've not been to the shops and all you've got is leftovers and random things in the fridge! Yikes!

Fear not. Pre-rolled pastry is your friend! Here are some quick and easy nibbles that you can whip up in a jiffy and impress everyone with... even if you *are* still in your pyjamas!

## Savouries

### Tomato & Cheese Diamonds

Cut your trusty pastry sheet into squares. Grab some random cheese left over from the cheeseboard and grate or spread a teaspoon's worth on to the middle of each square. Top with a slice of tomato, season and sprinkle with herbs. Take two of the opposite points of the square and fold them into the middle over the tomato. Brush with egg or milk and cook as per the pastry instructions.



### Spinach Cups

Wilt some spinach (or rocket lettuce instead if you fancy) in a pan then squeeze out the excess water. Chop finely into a bowl, add some random cheese from the cheeseboard either grated or chopped up small and season. Cut your ready made pastry into 3" squares and brush a muffin tin with butter or oil. Lay one square of pastry in each muffin cup and then spoon a tablespoon of your cheesy spinach mixture into each. Brush with egg or milk and cook as per the pastry instructions.



### Stuffing Tear'n'share

Roll out the whole pastry sheet and spread with leftover stuffing and sausage meat, leaving one of the long edges with no filling on 1" all the way down. Season your filling or keep getting creative with any other things you'd like to add (random cheesecake anyone?). Brush the long edge with egg. Roll the long edge with filling up until it meets the egg washed edge, give it a gentle press to seal. Cut your long stuffing log into 1" pieces and place close together, swirl side up in a spiral on a well

oiled baking tray. Brush with egg or milk and cook as per the pastry instructions.

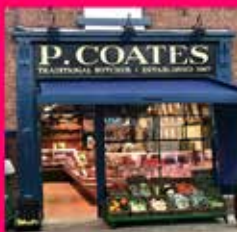


## Sweet

### Mini Cheesecake Tartlets

Cut your pastry into disc shapes with a cookie cutter or upturned glass. Mix some cream cheese with caster sugar and vanilla extract adding a little at a time until it tastes right for you. Place the pastry circles onto a well oiled baking tray. Drop a teaspoon of sweetened cream cheese into the middle of each disc and top with whatever smoothie fruit you might have in the freezer or languishing in the fruit bowl! Brush the edges of each disc with egg or milk and cook as per the pastry instructions.





# Peter Coates Traditional Butchers

Alrewas~Borrowwash~Tamworth~Wollaton



## Christmas at Coates

**NOW TAKING CHRISTMAS ORDERS**

- Barn & Free range Bronze Turkeys
- Free range Geese & Ducks
- Easy carve Turkey Breast joints
- Packington Free range Cockerels
- Packington Free range Pork
- Local Game & Venison. Pork pies, Game pies, Hams, Pigs in blankets



**A family Business for over 110 years**

100 Main street  
Alrewas  
Burton on Trent  
Staffordshire  
De13 7ae

**TEL: 01283790205**

[Info@coatestraditionalbutchers.co.uk](mailto:info@coatestraditionalbutchers.co.uk)



## Barton Private Slimming

Est. 1978

**Gemma Thorp**  
BSc (Hons) PGDip Dietetics

- Strictly private, one-to-one slimming advice
- Not a club! By appointment only
- Diet individually planned for you
- No gimmicks or fad foods
- Only £8 per consultation (+£15 enrolment)

**Tel : 01283 712065**

57 Main Street, Barton under Needwood, Staffordshire DE13 8AB

**NEEDWOOD**  
PLUMBING & HEATING SYSTEMS

INSTALLATION MAINTENANCE & REPAIR TO DOMESTIC PLUMBING & CENTRAL HEATING SYSTEMS

**Telephone: 0845 838 7808**  
**Mobile: 07760 780842**  
email: [info@needplumbing.com](mailto:info@needplumbing.com)  
[www.needplumbing.com](http://www.needplumbing.com)

ESTABLISHED 1983

# WIN!

## A £200 Voucher from Fireplace Gallery



**FIREPLACE  
GALLERY**



**F**or this month's competition, a lucky reader can win a £200 VOUCHER from **Fireplace Gallery**.

Fireplace Gallery are Burton's largest fireplace showroom, where you will find a warm welcome. They offer a large selection of fireplaces, multi-fuel stoves, gas and electric fires and also have a large selection of accessories and spares.

With a fantastic reputation for quality products and customer service since 1994, Fireplace Gallery offer an excellent service that will fulfil your desires when searching for your new Fireplace, Fire or Stove, amongst their impressive range. Fireplace Gallery offer a wide range of fires, stoves and fireplaces with over 80 displayed in their showroom. You will always be greeted with a warm welcome from all of their staff. If you need any advice on your perfect fire or stove, they are there to help you through the process as it is important to them that you find the right one.

All of the staff at Fireplace Gallery have a wealth of experience and you will always be sure of a friendly and helpful service. They are there to help you make the right decision.

To enter this month's competition! All you have to do is put your *name, address and daytime telephone contact number* on a postcard and send it to:

**Local Links  
Fireplace Gallery Competition  
Suite 29  
Anglesey Business Park  
Anglesey Road  
Burton-on-Trent  
DE14 3NT**

Alternatively, you can e-mail your details to:  
**local@locallinksmedia.co.uk**

The closing date for entries is the 15th of January, and the winners will be announced in our February edition. Good luck to everyone who enters!

Fireplace Gallery  
Unit 2 Eccleshall Park  
Hawkins Lane  
Burton on Trent  
DE14 1PT

T: 01283 509003  
E: [sales@fireplacegalleryuk.co.uk](mailto:sales@fireplacegalleryuk.co.uk)  
[www.fireplacegalleryuk.co.uk](http://www.fireplacegalleryuk.co.uk)

**TOP**  
FURNITURE

VISIT US AT STATION ROAD, UTTOXETER, ST14 8AX  
WWW.TOPFURNITURE.CO.UK • TEL - 01889 560999

## HAVE YOU GOT THE RIGHT COMPUTER?

**DO YOU WANT EXPERT AND EXPERIENCED LOCAL SUPPORT?**



**We can help with your...**

- Internet connection
- Computers, printers and networking
- Microsoft office
- Anti-virus software
- Data back-ups
- And even more...

We have a proven track record of supplying local small to medium sized businesses as well as households within our community.

**LOOK NO FURTHER...**

Call Richard Tate of IBTS Limited on **03303 2301 52**  
or email [richard@ibts.co.uk](mailto:richard@ibts.co.uk)



# Beautiful Bags

**D**oes wrapping presents drive you nuts? Sometimes we end up buying very awkwardly shaped gifts to wrap and you'll feel like pulling your hair out when your gift looks like it's been dropped down the stairs! Why not make a quick and easy gift bag? This trick will get you out of a pickle!

## You will need:

- wrapping paper
- a box (cereal box or any other size you like)
- double sided sticky tape
- scissors
- a hole punch
- some ribbon
- festive sprigs and berries to use as embellishments



**1.** Place your box onto your sheet of wrapping paper, leaving enough overhang at the bottom to fold more than half way up the bottom of the box. Place a strip of double sided sticky tape along the edge of your paper.



**3.** Fold down the top flap and then fold the bottom flap upwards pressing the tape to seal the bottom of the bag. You can then gently slide the box out of the bag.



**2.** Wrap the box (not too tightly) as if you were wrapping a present by sticking the long edge and then folding the bottom short edges inwards pressing the folds as you go and leaving a top and bottom flap. place a piece of double sided sticky tape on the bottom flap.

**4.** As the paper we've used is double sided, we've folded the top edge over to add some contrast. Use your hole punch to make two holes in the top of your bag.

**5.** Thread your ribbon through the holes. Pull the all the way through and tie a knot. Place your embellishments such as sprigs of fir, berries or feathers, anything you fancy on top of the knot and then tie a second knot to hold them all in place. Finish by tying a bow!



wrap: [www.foxandlark.co.uk](http://www.foxandlark.co.uk)  
ribbon: [www.janemeans.com](http://www.janemeans.com)

# What's On Guide

## TUESDAY 18TH DECEMBER

### Burton Dance & Social Club

We invite and welcome anyone over 18 years of age. We meet every Tuesday Evening 8-11pm at Marston's Sports and Social Club, Shobnall Road, Burton-on-Trent. Activities include sequence, ballroom and line dancing to professional live music, bingo, raffles and food nights. Come along and join us and meet new friends. For more information contact Pauline: 01283 519159

### Art Classes

Weekly classes at The Horseshoe, Tatenhill. Lessons will cost £10, or £8 if paid a half-term in advance. Please email or phone for further details or to reserve your place. Contact: Helen Tarr Tel: 07791 228 881

### Mother Goose at the Little Theatre

An Egg-straordinary tale of one woman's search for true happiness. All of the usual traditional Pantomime ingredients will be beaten into an Egg-citing omelette of Mirth, Music and Mayhem. Prepare to be dazzled with stunning costumes and colourful scenery. Expect laughs aplenty with the return of John Bale as Mother Goose. [www.thelittletheatre.net](http://www.thelittletheatre.net)

## WEDNESDAY 19TH DECEMBER

### Burton Amateur Radio Club

Running until 6th January 2019. Burton Amateur Radio Club meets every Wednesday evening at 7-30pm for nights on the air, construction projects, licence exams at all three levels with one to one tuition if required. New members are very welcome and we meet at Staphenhill Institute 23 Main St, Burton-on-Trent DE15 9AP Contact Bob 07812 146333 [www.g3nfc.co.uk](http://www.g3nfc.co.uk) or [club@burton-arc.co.uk](mailto:club@burton-arc.co.uk)

### Fradley Needlework & Craft Group

Every Wednesday from 1.30pm - 4.00pm at Fradley Village Hall. For anyone who enjoys patchwork, knitting, crochet, cross stitch or any type of craft. Beginners and experts welcome. Instruction available. Contact: 01283 791467

### Peter Pan at De Montfort Hall

Running until 6th January 2019. Fly away on a magical adventure with Peter Pan - the boy who never grew up. You're invited on the adventure of a lifetime as Peter introduces you to his world of wonder with best friend Tinkerbell, the wild Lost Boys, and of course the terrifying Captain Hook. Imagine Theatre brings a proper, traditional pantomime full of song, dance, slapstick, laughs and of course...a ticking crocodile! [www.demontforthall.co.uk](http://www.demontforthall.co.uk)

## THURSDAY 20TH DECEMBER

### Range more and Tatenhill WI meeting

Meeting at Henhurst and District Recreational Club on 3rd Thursday of every month, starting at 7.30 p.m. Lively and friendly group of ladies meet to enjoy good company, an interesting and entertaining programme of events and refreshments. New members and visitors of all ages welcome. For more information contact Marian on 07752160996

## FRIDAY 21ST DECEMBER

### Changes Support Meeting

A 12 Step Recovery Programme for Mental Distress, meetings held at Burton twice a week, please contact 01827 311006 for further information, do not struggle alone come and talk in a confidential environment to improve your overall mental wellbeing. Prior booking only. Peer Support Meeting Peel Croft Surgery, Lichfield Street, Burton 1-30-3-30pm. Wellness Workshops, Wednesdays & Fridays: 9-45-11-45 am Burton Fire Station, Moor Street, Burton.

## SATURDAY 22ND DECEMBER

### Claymills Victorian Pumping Station

Open every Thursday & Saturday 10am until 4pm. Guided tours given around one of Britain's largest Victorian steam pumping stations. Magnificent Victorian workshop where you can see steam restoration in action. Videos of the station in steam in the visitor centre. Contact: 01283 509929

## THURSDAY 27TH DECEMBER

### New Beginnings - Mature Singles

Come and join us to make new friends. Meeting each Thursday 8pm at Fradley Arms (on A38) - feel free to just come along or contact Sue for further details Tel No: 07742 801681

### Dance Roulette

Dance Roulette is an adults only fitness dance class based at alrewas village hall every Thursday evening. Two classes starting at 6:45pm and 8:00pm. 1hr each, £5. Booking at : [www.tcidanceschool.com/dancerouletteuk](http://www.tcidanceschool.com/dancerouletteuk)

## FRIDAY 28TH DECEMBER

### Crib Club

Every Friday at 7.30pm. We are a small friendly club who meet at the Wyggeston Pub, Calais Road, for a game of Crib (or some may know this as Cribbage) and an enjoyable social evening. We are looking for new members either male or female who can already play Crib or anyone who would like to learn how to play.

## SATURDAY 29TH DECEMBER

### Burton Ramblers

Walks most Saturdays, Sundays and every other Wednesday. All walkers welcome to join this friendly local group, walking in Staffs, Derbys and Leics. Please visit our website for more information. [www.burtonramblers.org.uk](http://www.burtonramblers.org.uk) Contact: Burton Ramblers Tel: 07724 352529

## SUNDAY 30TH DECEMBER

### Burton Ramblers

Walks most Saturdays, Sundays and every other Wednesday. All walkers welcome to join this friendly local group, walking in Staffs, Derbys and Leics. Please visit our website for more information. [www.burtonramblers.org.uk](http://www.burtonramblers.org.uk) Contact: Burton Ramblers Tel: 07724 352529

## WEDNESDAY 2ND JANUARY

### Burton Abbey WI

Meeting at the Brewhouse on the first Wednesday of the month at 10am to 12 noon. Good Speakers, refreshments, also days out organised. New members welcome. For more information contact Pauline Gaskin 01283 565620

### Priory Art Group

We are a small friendly group of artists meeting at the Priory Centre, Church Road, Stretton, every Wednesday morning, 9.30 to 12 noon. New members are always welcome, whatever your level of experience, so why not come and have a chat to see what we have to offer. Contact Sandra: 01283 329743

### Barton-Under-Needwood WI

1st Wednesday of every month at The Village Hall, Crowberry Lane. Meeting 7.30-9.30 with good speakers, refreshments and fun. Organised events and trips throughout the year. New members and visitors always welcome.

## THURSDAY 3RD JANUARY

### Friendship Circle

Meets at 7.30 pm on the first and third Thursday of every month in the schoolroom at the rear of Stretton Methodist Church. We meet for activities, speakers, trips and friendship. All are most welcome. For further information contact Christine - 01283 543813.

### Burton Friendship Club

Meets the 1st Thursday in every month 10am for 10.30am in the Rolleston Club. Join us for speakers, quizzes, games, lunches, coffee mornings, day trips and holidays. Phone Stuart and Penny 01283 716626



# Find more events on our website

## FRIDAY 4TH JANUARY

### Friday Night Crib Club

Every Friday at 7.30pm. We are a small friendly club who meet at the Wyggeston Pub every Friday evening for a game of Crib (or some may know this as Cribbage) and an enjoyable social evening. We are looking for new members either male or female who can already play Crib or anyone who would like to learn how to play.

### Latin-in-line Classes

Dance the cha cha, salsa, mambo, rumba etc. NO PARTNERS REQUIRED Intermediate class Friday 4th, 11th, 18th, 25th January and 1st, 8th, 15th February £4.00 followed by NEW BEGINNER'S CLASS 11.15am-12.00pm at the Priory Centre, Church Road, Stretton DE13 0HE. Ring 07598159744 or email: larhiney@hotmail.com for more details

## SATURDAY 5TH JANUARY

### French With Songs

French with songs, games and fun for children nearly 4 - 9 years, Saturday morning classes in Lichfield at the Tesco community room. Baby and toddler class too - learn to sing 'Wind the Bobbin up' in French! Email juliesfrenchclasses@gmail.com.

## SUNDAY 6TH JANUARY

### Rapper Sword Dance Workshops

Come along and try Rapper Sword Dancing, this is the fastest and most spectacular of all the traditional English dances. We are running a series of beginners workshops, so come on and have a go. Free and no obligation. All ages and abilities welcome. Venue: Kings Bromley Village Hall, Alrewas Road, Kings Bromley DE13 7HW from 10 am to 11 am. Starting Sunday 6th January and then Sunday 20th and 27th January 2019. For more information about Ryknild Rapper visit our web page: [www.ryknildrabbble.co.uk](http://www.ryknildrabbble.co.uk) or find us on facebook for the latest news, or call Nigel Moss 01283 790088. Also, Sunday 20th and 27th January

## MONDAY 7TH JANUARY

### Burton Art Club

Meets at Stretton Methodist Chapel Main Street, Stretton. Monday evening 7.00pm to 9.00pm We are a lively group who share an interest in art and all abilities are welcome.

### Meditation Class

Weekly Classes of Meditation on Mondays 1pm to 2.30pm and 7.30pm to 9.30pm we are a friendly group who meet for discussion and to meditate with a guided meditation. To join us Contact Kim 07580 551979

### Three Spires Lacemaking Group

A lacemaking self help group which meets at the Community Room - Lichfield Fire Station, every Monday 1 -4 p.m. and also monthly on the fourth Saturday, 10.30 -15.30 .

### Red & Ginger's Lindy Hop Dance Class

Learn to Lindy Hop, Charleston and swing dance. Our relaxed, friendly and welcoming lessons are suitable for all ages and abilities. Monday nights, 8-9pm term time at St Mary's Church Hall, Hillfield Lane, Stretton, DE13 0BW. [hello@dancewithredandginger.com](mailto:hello@dancewithredandginger.com)

## TUESDAY 8TH JANUARY

### Branston Womens' Institute

Our meetings are held the 2nd Tuesday of each month. We are a friendly group and try to mix our meetings with interesting talks, craft, trips and social events. It is for ladies of any age. Visitors are most welcome. Contact Mrs Barbara Reeves, President, Tel. 01283 546536

### Carers + Cafes at The Brewhouse

Carers + cafe meets in the Brewhouse every Tuesday from 10 o'clock to 12.30 pm organised by the Rotary club of Burton upon Trent it is for Carers and the cared for to meet with and make new friends, enjoy a cup of coffee or tea in a safe and friendly environment.

### Burton Dance & Social Club

Every Tuesday Evening 8-11pm at Marstons Sports and Social Club, Shobnall Road, Burton-on-Trent. Activities include sequence, ballroom and line dancing to professional live music, bingo, raffles and food nights. Come along and join us and meet new friends. For more information contact Pauline: 01283 519159

### Walton-on-Trent WI

Every 2nd Tuesday of the month at 7.15pm Walton-on-Trent WI. We are a small friendly group who meet in Walton Village Hall. Come and join us for fun, friendship, learning and sharing. For more information contact Joan on 01283 713380

## WEDNESDAY 9TH JANUARY

### Stretton & Claymills Womens' Institute

Stretton and Claymills WI is a very friendly Women's Institute that meets in the back room of the Priory Centre, Church Road, Stretton at 7.15pm on the second Wednesday of every month and new members are very welcome. For info [www.strettonandclaymillswi.wordpress.com](http://www.strettonandclaymillswi.wordpress.com) or [strettonandclaymillswi@gmail.com](mailto:strettonandclaymillswi@gmail.com)

### 1st Burton Guides

Every Wednesday Evening. A fantastic unit for girls aged 10-14. They will make friends, grow in confidence and learn lots of new skills. To make it better, all this is done through a wide range of activities, from ice skating to canoeing, and craft to cooking, there is something for every girl! Call: 07794 759608

### Quiz

Every Wednesday evening at Rolleston Club. Weekly free quiz, open to members and non members. Prize is six drinks tokens. There is a play your cards right game for £1 entry. Contact: Claire Tel: 01283 01283 812072

## THURSDAY 10TH JANUARY

### Burton Belles Womens' Institute

From 7.15pm-9.30pm. We meet at the St Chads Centre DE14 2SS on the 2nd Thursday of the month. First timers can visit for free and then you can decide whether to pay £4 a month or £41 a year. Come along, make new friends, try something new and have fun. Contact: Wendy Plant Tel: 07772 548230

## COMPETITION WINNERS

Congratulations to our **Hoar Cross Hall Spa Day** competition winner, who has won a Spa Day:

**Deb Britton, Brizlincote Valley**

Look out elsewhere in **LOCAL LINKS** this month to win a £200 Voucher from Fireplace Gallery:

## LAST MONTH'S SUDOKU PUZZLE SOLUTION

7	2	8	5	6	4	3	9	1
5	1	3	2	8	9	4	6	7
4	9	6	3	1	7	2	5	8
8	5	4	6	7	2	9	1	3
2	7	9	4	3	1	5	8	6
6	3	1	8	9	5	7	4	2
3	6	2	9	4	8	1	7	5
1	4	5	7	2	6	8	3	9
9	8	7	1	5	3	6	2	4



# EASY GLIDE

## GARAGE DOORS

The **EASY GLIDE** Garage Door is an exceptional garage door system - **THE BEST IN THE UK.**

Open and close the door at the push of a button from within the comfort of your car. Our automatic garage doors enhance the look of your property and have great thermal values keeping our property warmer.

We take out your old door, remove from site and replace with a new insulated electric roller door complete with 2 remote controls ...

**FOR ONLY £649**

*Based on a white door 7ftX7ft*

Unit 11, Falcon Business Centre, Hawkins Lane,  
Burton on trent DE14 15G

**01283 480 505**

[www.easyglidegaragedoors.co.uk](http://www.easyglidegaragedoors.co.uk)



Black



Nut Brown



White



Golden Oak



Anthracite Grey

# RVT

Rea Valley Tractors

## END OF SEASON SPECIALS NOW ON!



**CONTACT US FOR THE BEST PRICES!**

Contact Mick Reeves for details!  
Mob: 07736 693158 Tel: 01283 821345  
Rea Valley Tractors  
Ashacres Ind. Estate, Draycott in the Clay,  
Sudbury, Derby DE6 5GX  
[mickreeves@reavalleytractors.com](mailto:mickreeves@reavalleytractors.com)  
[www.reavalleytractors.com](http://www.reavalleytractors.com)



Viking MB248  
Lawnmower was  
£340 inc VAT  
NOW **£234** inc VAT



Stihl HS45  
Hedge Cutter  
was £275 inc VAT  
NOW **£215** inc VAT



JOHN DEERE

JCB

STIHL

VIKING

# What a Year We Had *by Perry Deakin*

I have covered many sports during 2018, including football, rugby, cricket and formula 1 – what a sporting year it turned out to be.

As we approach the Christmas and New Year festivities I thought it would be fun to have a look back and try to decide which sports progressed in 2018 and which failed to excite or inspire us – see if you agree.

## **Football**

2018 saw Manchester City confirm that they were the benchmark for all teams in the Premier League.

The start of the current season saw City ease majestically into their campaign and as I write they once again top the league, continuing to play scintillating football in the style which their manager, Pep Guardiola demands.

Liverpool lead the chase to prevent consecutive Premier League titles for City with Spurs, Chelsea and recently Arsenal, all desperately trying to hang on to the blue side of Manchester.

The other side from Manchester continue to move backwards under the stewardship of the once admired Jose Mourinho and their demise is unmissable viewing as the majority of football fans tune into United games only to see what disaster will befall the team and the manager next!

I do not believe Mourinho will be there at the beginning of next season.

England of course thrilled,

inspired and made us proud again during the long, hot summer when ‘our boys’ made the semi-finals of the World Cup.

Gareth Southgate’s revolution continued into the Autumn with England winning their Nations League group and qualifying for next summers finals in Portugal where they will face Holland for a place in the final – pubs and bars throughout the country will be ordering additional stocks in June!

## **Cricket**

The year began with England’s one-day team at the pinnacle of world cricket as the number one side on the planet and they continued to dominate this form of the game with emphatic series wins against Australia (twice!), India, New Zealand, Pakistan and most recently, Sri-Lanka.

Eoin Morgans team have absolutely dominated one-day cricket this year and look in very good shape for next years World Cup on home soil.

England’s test team, led by Yorkshire’s Joe Root have made steady progress throughout the year and despite some poor performances in early 2018 have ended the year with a home series victory against the worlds number one team, India and a whitewash of Sri-Lanka which sets us up nicely for a tour of the West Indies during the early part of next year, and the much anticipated test series against the Old Enemy, Australia.

## **Rugby**

Eddie Jones’ England team

have confused and frustrated us during 2018.

We began the year on a fantastic unbeaten run but finished with a very poor 6 Nations campaign which threw optimism for next years World Cup in Japan out of the window.

Has Jones’ management style or coaching skills been found-out, or is the second half of the year just a blip as we march towards a World Cup win reminiscent of that magical day in 2004 when we put the Aussies to the sword in their own castle!

Frankly, I haven’t a clue; but I’m hoping England sort out whatever the current issues are and return to dominating the northern hemisphere in time to take on The All Blacks, South Africa and Australia in Japan.

## **Formula 1**

Not a great year for F1, with Lewis Hamilton and the all conquering Mercedes team boring us to another driver and constructors title.


F1’s new American owners will be desperate to make 2019 more exciting and competitive.

In conclusion – a fabulous, exciting, exhilarating and enthralling 2018 for sport which saw the country proud of their sporting heroes again – I would suggest that football and cricket took huge steps forward in the nations eyes. Rugby remained confusing for us but we live in hope – and F1 went backwards!

Have a fantastic Christmas and New Year!

**Specialists in Tree Care**


**FAIRVIEW ARBORISTS LTD**



**Fairview Arborists Ltd**  
Professional tree surgeons  
**All Aspects of Tree Surgery**  
INC. STUMP GRINDING

We provide a full range of arboricultural services to domestic & commercial clients throughout the Midlands

For a **FREE** quote call:  
**01543 473255**  
[www.fairviewarb.co.uk](http://www.fairviewarb.co.uk)




**YW** Yoxall Windows & Plastics Ltd.  
Specialists in all types of UPVC

- 10 Year insurance backed guarantee -
- Fensa Registered -
- Energy A rated windows -
- Eco friendly -
- Triple glazing -

**Finance now available!**



[www.yoxallwindows.co.uk](http://www.yoxallwindows.co.uk)  
T: 01283 617 716 M: 07748 845 959

 **AstlePaterson**  
When trusted experience matters

**We're on your side**

In a difficult separation you may not know where to turn. Seeking legal advice isn't easy, but it can help put your mind at ease.

*Martin Astle is accredited with the family law specialist group, Resolution. With your best interest at heart, he provides sensitive and considered guidance to steer you on the best possible course.*

BUSINESS & COMMERCIAL · CONVEYANCING · FAMILY · LITIGATION · WILLS, INHERITANCE TAX & PROBATE · EMPLOYMENT

**01283 531366**  
[www.astlepaterson.co.uk](http://www.astlepaterson.co.uk)

Clay House, 5 Hominglow Street  
Burton upon Trent  
Staffordshire, DE14 1NG

**Martin Astle**  
Director & Solicitor: Head of  
Divorce & Family and Notary Public



# Happy Healthy Christmas!

Christmas is a time to celebrate. With plenty of family get togethers, parties and general festive cheer, there may also be a tendency to overindulge which doesn't always leave us feeling so cheerful! So here are a few tips to help you enjoy a happy, healthy festive season.

1. Don't go to a party hungry. It can lead to sugar cravings, encouraging you to eat more than you usually would.

2. Make good alcohol choices. Avoid creamy or sweet drinks. Try to drink with food to reduce the impact of the sugars on your bloodstream.

3. Get moving. Enjoy brisk walks with family and friends.

4. Drink plenty of water. This will encourage you not to overeat and will also improve how you feel the next day!

5. Be kind to yourself. If you happen to overindulge, enjoy whatever you are indulging in and get back on track afterwards.

## Christmas Cake Recipe

This cake was devised for those with blood sugar problems and digestive issues, but it's a delicious lower sugar alternative for all the family. The cake keeps for up to a week and can be frozen.

### Ingredients

- 170g pitted prunes
- 115g dried apple rings
- 115g dried apricots
- 50ml brandy or tea
- 1 small apple wash & grate zest and juice of 1 orange
- 1 tsp ground ginger
- 1/2 tsp ground cinnamon
- 1/2 tsp fresh grated nutmeg
- 1 tsp vanilla essence
- 170g soft butter
- 85g xylitol
- 4 medium eggs
- 85g ground almonds
- 85g wholemeal flour
- 1 tsp baking powder

1. The day before you make the cake, chop the dried fruit into a bowl and pour over the brandy / tea. Leave overnight (stir occasionally).

2. Line a 20cm deep cake tin with a double layer of greaseproof paper. Set the oven to 160 C (150 C fan assisted) gas mark 2.

3. Cream the butter and xylitol, then stir in the chopped fruit, orange zest and grated apple. Add the vanilla and spices and beat the eggs in, one at a time.

4. Stir in the ground almonds, rice bran and baking powder. Finally stir in the juice from half the orange, adding more if necessary to make a soft consistency.

5. Pour into the cake tin and level the top. Tie a double thickness of baking paper around the outside with string.

6. Bake for 1 1/2 – 2 hours until a skewer comes out clean. If the top is getting too dark, put a piece of foil over it. As soon as it is cool enough to touch, put a piece of foil tightly over the top and leave until completely cold - this softens the top of the cake.

7. Remove from the tin and wrap in a double thickness of foil.

Rebecca Tucker is a Registered Nutritional Therapist practising at The Natural Healthcare Centre in Burton. For more festive recipe ideas visit [www.nourishbalanceglow.com](http://www.nourishbalanceglow.com)



## LOCAL LINKS SUDOKU

			3				7	
		2	6				1	
7	3					6	4	2
	2		5		3			
				1				
			4		7		3	
1	6	9					8	7
	5				9	3		
	7				4			

Sudoku is a logic puzzle where you follow one simple rule:

Simply fill in the boxes so that the nine rows, the nine columns, and the nine 3x3 squares all contain every digit from 1-9.

LLS-73-40

R.E. Russell - Trading as

*Fabriclean*  
SPECIALIST CLEANERS

**Upholstery inc:**

Leather, Carpets, Oriental Rugs,  
Curtains & Soft Furnishings

**Deodorising inc:**

Carpets & Fabric Protection Products  
All Services Fully Insured

Contact

**Bob Russell**

Telephone: 01543 432356

Mobile: 07701 027311

email: bob-russell@hotmail.co.uk

A friendly, efficient service from an  
established family business since 1988.

## BOOK ONLINE OR CALL: 01283 544389

- All skip sizes
- All areas
- Same day delivery
- Now offering Grab Hire
- Fully Licensed
- Road Permits Arranged



Nicolson Way, Off Wellington Road, Burton on Trent, Staffs DE14 2AW

FAMILY RUN BUSINESS, FRIENDLY STAFF, QUICK RESPONSE  
www.golding-skips.co.uk



# GOLDING

SKIP HIRE



# Imagine a hospital with no waiting lists.

There are no waiting lists at Nuffield Health Derby Hospital so you can focus on getting better faster.



We're open to everyone and our treatment prices are all-inclusive\*, covering everything from your procedure through to recovery.

Interest free loan options are available to help you spread the cost of getting better faster.

## KNEE REPLACEMENT

**Wednesday 23rd January 2019 – 6.30pm**

Mr G Geutjens, Consultant Orthopaedic Surgeon

## LASER EYE SURGERY

**Wednesday 13th February 2019 – 6.00pm**

Mr M Anandan, Consultant Ophthalmic Surgeon

- Cataract Surgery
- Cosmetic Surgery
- Hernia Surgery
- Hip & Knee Replacement
- Laser Eye Surgery
- Varicose Vein Surgery
- Vasectomy Reversal

Why not come along to one of our FREE events? Call **0845 603 4346** or visit [nuffieldhealth.com/book](http://nuffieldhealth.com/book)

**Nuffield Health Derby Hospital**  
Rykneld Road, Littleover, DE23 4SN

\*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your procedure price.

# Architectural Design



**niche**  
architecture



- Extensions
- Conversions
- Commercial Buildings
- Self Builds
- New Builds
- Planning Applications
- Building Regulations

We provide the complete architectural service from planning through to construction. Our drawings are of the highest quality and accuracy with exceptional attention to detail.



Call us on 01283 499451

[www.nichearchitecture.co.uk](http://www.nichearchitecture.co.uk)

[enquiries@nichearchitecture.co.uk](mailto:enquiries@nichearchitecture.co.uk)

